**APENDICE B**. Tabelas com as Características das Recomendações por países

Características das Recomendações publicadas no Brasil por ordem alfabética

| **Instituição** | **Tipo****Instituição** | **Ano** | **Título** | **Tipo****Documento** | **No. de Referências** | **Total RS Citadas** |
| --- | --- | --- | --- | --- | --- | --- |
| IBFAN Brasil Rede Internacional em Defesa do Direito de Amamentar | GOV | 2009 | Alimentação de lactentes e crianças pequenas em situações de emergência: manual de orientações para a comunidade, profissionais de saúde e gestores de programas de assistência comunitária | MCL | 9 | 0 |
| IBFAN Brasil Rede Internacional em Defesa do Direito de Amamentar | GOV | 1999 | Benefícios do aleitamento materno e importância dos ácidos graxos de cadeia longa | R | 28 | 0 |
| Ministério da Saúde | GOV | 2009 | Saúde da criança: nutrição infantil. Aleitamento materno e alimentação complementar | MCL | 145 | 2 |
| Ministério da Saúde | GOV | 2002 | Guia alimentar para crianças menores de 2 anos | R | 295 | 0 |
| Ministério da Saúde | GOV | 2006 | Guia alimentar para a população brasileira: promovendo a alimentação saudável | R | 287 | 2 |
| Ministério da Saúde | GOV | 2007 | Promovendo o aleitamento materno | MCL | 0 | 0 |
| Ministério da Saúde | GOV | 2008 | Iniciativa Hospital Amigo da Criança: Modulo 1- Histórico e implementação | MCL | 43 | 2 |
| Ministério da Saúde | GOV | 2009 | Iniciativa Hospital Amigo da Criança: Modulo 2 – fortalecendo e sustentando a iniciativa Curso para gestores | MCL | 257 | 3 |
| Ministério da Saúde | GOV | 2009 | Iniciativa Hospital Amigo da Criança: Modulo 3 – Promovendo e incentivando a amamentação Curso | MCL | 88 | 1 |
| Ministério da Saúde | GOV | 2009 | Iniciativa Hospital Amigo da Criança: Modulo 4- Auto-avaliação e monitoramento do hospital | MCL | 5 | 0 |
| Ministério da Saúde | GOV | 2001 | Como ajudar as mães a amamentar?  | MCL | 0 | 0 |
| Ministério da Saúde | GOV | 2011 | Atenção à saúde do recém-nascido v. 1 Capítulos: Aleitamento materno e Dificuldades no aleitamento materno | R | 33 | 2 |
| Ministério da Saúde | GOV | 2011 | Atenção humanizada ao recém-nascido de baixo peso: método canguru Manual técnico 2.ed. Mod.3 | MCL | 151 | 0 |
| Ministério da Saúde | GOV | 2002 | Atenção humanizada ao recém-nascido de baixo peso: método canguru: manual do curso. Sessão 12. Nutrição do recém-nascido  | MCL | 178 | 1 |
| Ministério da Saúde | GOV | 2010 | Dez passos para uma alimentação saudável: Guia alimentar para crianças menores de 2 anos. 2.ed. | R | 13 | 0 |
| Ministério da Saúde | GOV | 2002 | AIDIPI Atenção integrada as doenças prevalentes na infância. Curso capacitação. Módulo 5 Aconselhar a mãe ou o acompanhante | MCL | 0 | 0 |
| Ministério da Saúde | GOV | 2004 | Agenda de compromissos para a saúde integral da criança e redução da mortalidade infantil | R | 0 | 0 |
| Ministério da Saúde | GOV | 2010 | Política Nacional de Promoção da Saúde. 3 ed. | P | 7 | 0 |
| Ministério da Saúde | GOV | 2012 | Política Nacional de Alimentação e Nutrição | P | 31 | 0 |
| Ministério da Saúde | GOV | 2010 | Alimentação e nutrição para as família dos Programa Bolsa família: manual para os agentes comunitários de saúde | MCL | 7 | 0 |
| Ministério da Saúde | GOV | 2012 | Saúde da criança: crescimento e desenvolvimento. Cap. 9. Alimentação saudável p. 132-156 | R | 65 | 1 |
| Ministério da Saúde | GOV | 1984 | Assistência integral à saúde da criança: ações básicas | R | 11 | 0 |
| Ministério da Saúde | GOV | 2013 | Estratégia nacional para promoção do aleitamento materno e alimentação complementar saudável no SUS – Estratégia Amamenta e Alimenta Brasil | P | 0 | 0 |
| Ministério da Saúde | GOV | ca1986 | Aleitamento materno e orientação alimentar para o desmame | R | 0 | 0 |
| Ministério da Saúde; Rede Amamenta Brasil | GOV | 2009 | Caderno do Tutor Rede Amamenta Brasil | MCL | 36 | 0 |
| Sociedade Brasileira de Pediatria | AP | 2012 | Manual de Orientação do Departamento de Nutrologia: alimentação do lactente ao adolescente | MCL | 22 | 0 |

D = Declaração; MCL = Material para cursos e livros; P = Política pública; R= Recomendação; RT = Relatório técnico

Características das RO publicadas nos EUA por ordem alfabética

| **Instituição** | **Tipo****Instituição** | **Ano** | **Título** | **Tipo****Documento** | **No. de Ref** | **Total RS****Citadas** |
| --- | --- | --- | --- | --- | --- | --- |
| Academy of Breastfeeding Medicine | AP | 2011 | Breastfeeding the late preterm infant (34 0/7 to 36 6/7 weeks gestation): ABM clinical protocol | R | 0 | 0 |
| Academy of Breastfeeding Medicine | AP | 2010 | Non-pharmacologic management of procedure-related pain in the breastfeeding infant | R | 53 | 3 |
| Academy of Breastfeeding Medicine | AP | 2008 | Position on Breastfeeding | D | 24 | 1 |
| Agency of Health Research Quality | GOV | 2007 | Breastfeeding and maternal and infant health outcomes in developed countries | RT | 420 | 16 |
| American Academy of Family Physicians | AP | 2013 | Breastfeeding, Family Physicians Supporting (Position Paper) | D | 164 | 1 |
| American Academy of Nursing | AP | 2011 | The Surgeon General's call to breastfeeding action-policy and practice implications for nurses | R | 14 | 0 |
| American Academy of Pediatric Dentistry | AP | 2012 | Policy on dietary recommendations for infants, children, and adolescents | P | 36 | 0 |
| American Academy of Pediatrics | AP | 2012 | Breastfeeding and the use of Human Milk: policy statement | P | 151 | 7 |
| American Academy of Pediatrics | AP | 2011 | Sudden infant death syndrome and other sleep-related infant deaths: Expansion of recommendations for a safe infant sleeping environment | P | 65 | 1 |
| American Academy of Pediatrics | AP | 2008 | Effects of early nutritional interventions on the development of atopic disease in infants and children: the role of maternal dietary restriction, breastfeeding, and timing of introduction of complementary food (Cap Breastfeeding) | RT | 18 | 3 |
| American College of Nurse-Midwives | AP | 2011 | Position statement | D | 0 | 0 |
| American College of Obstetricians and Gynecologist | AP | 2007 | Breastfeeding: maternal and infant aspects: Special report from ACOG | RT | 92 | 0 |
| American Dietetic Association | AP | 2009 | Position of the American Dietetic Association: promoting and supporting breastfeeding | D | 141 | 5 |
| American Heart Association; American Stroke Association | AP | 2012 | Breastfeeding health benefits for mother and child: promoting sound lactation policies in the U.S. | D | 13 | 0 |
| American Public Health Association | AP | 2013 | An update to A Call to Action on Breastfeeding: a fundamental public health issue | P | 52 | 2 |
| Association of Women's Health, Obstetric and Neonatal Nurses | AP | 2007 | Breastfeeding: Position statement | D | 0 | 0 |
| Baby-Friendly USA | OI | 2010 | Baby-Friendly Hospital Initiative Section. Guidelines and evaluation criteria for facilities seeking baby-friendly designation | R | 11 | 1 |
| Centers for Disease Control and Prevention | GOV | 2013 | The CDC Guide to strategies to support breastfeeding mothers and babies | R | 90 | 1 |
| Centers for Disease Control and Prevention | GOV | 2005 | The CDC guide to breastfeeding interventions | R | 65 | 0 |
| Executive Office of the President of the United States | GOV | 2010 | Solving the problem of childhood obesity within a generation. Cap. Early childhood breastfeeding | R | 338 | 3 |
| Institute of Medicine | OFI | 2011 | Early childhood obesity prevention policies | R | 0 | 0 |
| National Association of Neonatal Nurses NANN | AP | 2009 | The use of human milk and breastfeeding in the neonatal intensive care unit: position statement | D | 59 | 0 |
| National Association of Pediatric Nurse Practitioners | AP | 2007 | NAPNAP position statement on breastfeeding | D | 10 | 0 |
| National Center for Education in Maternal and Child Health | GOV | 1997 | A review of the medical benefits and contraindications to breastfeeding in the united states | R | 142 | 0 |
| National Perinatal Association | AP | 2003 | Breastfeeding Position Statement | D | 0 | 0 |
| National WIC Association | OFI | 2004 | Breastfeeding promotion and support in the WIC Program: position paper | D | 80 | 0 |
| U.S. Depart of Health and Human Services | GOV | 2000 | HHS Blueprint for Action on Breastfeeding | R | 175 | 2 |
| U.S. Depart of Health and Human Services - US Surgeon General | GOV | 2011 | Call to action to support breastfeeding | R | 298 | 6 |
| United States Breastfeeding Committee | OFI | 2010 | Statement on Breastfeeding as critical strategy for obesity prevention | D | 7 | 0 |
| United States Breastfeeding Committee | OFI | 2002 | Benefits of Breastfeeding | D | 20 | 4 |
| United States Breastfeeding Committee | OFI | 2000 | Statement on exclusive breastfeeding  | R | 2 | 0 |
| United States Preventive Services Task force | GOV | 2008 | Primary care interventions to promote breastfeeding: U.S. Preventive Services Task force recommendation statement. | R | 11 | 0 |

AP = Associação ou sociedade de profissionais de saúde; D = Declaração; GOV= Instituição governamental; MCL = Material para cursos e livros; OFI = Organização filantrópica independente; OI = Organismo internacional; P = Política pública; R= Recomendação; RS = Revisões sistemáticas; RT = Relatório técnico

Características das RO publicadas no Canadá por ordem alfabética

| **Instituição** | **Tipo****Instituição** | **Ano** | **Título** | **Tipo****Documento** | **No. de Referências** | **Total SR Citadas** |
| --- | --- | --- | --- | --- | --- | --- |
| Breastfeeding Committee for Canada | GOV | 2011 | The WHO 10 steps to successful breastfeeding (1989) and the interpretation for Canadian practice  | R | 17 | 0 |
| Canadian Paediatric Society. Nutrition and Gastroenterology Committee | AP | 2012 | The Baby-Friendly Initiative: protecting, promoting and supporting breastfeeding | R | 60 | 2 |
| Canadian Paediatric Society. Nutrition Committee | AP | 1995 | Nutrition needs and feeding of premature infants | R | 156 | 0 |
| Canadian Pediatric Society | AP | 2005 | Exclusive breastfeeding should continue to six month | R | 10 | 1 |
| Health Canada | GOV | 2004 | Exclusive breastfeeding duration 2004 Health Canada Recommendation | R | 15 | 1 |
| Health Canada; Canadian Paediatric Society; Dietitians of Canada; Breastfeeding Committee for Canada | GOV; AP | 2013 | Nutrition for healthy term infants: recommendation from birth to six month | R | 206 | 4 |
| Health Canada; Canadian Paediatric Society; Dietitians of Canada; Breastfeeding Committee for Canada | GOV; AP | 2013 | Nutrition for healthy term infants: recommendation from six to 24 month | R | 204 | 1 |

AP = Associação ou sociedade de profissionais de saúde;GOV= Instituição governamental; R= Recomendação

Características das RO publicas por organismos internacionais por ordem alfabética

| **Instituição** | **Ano** | **Título** | **Tipo****Documento** | **No. de Referências** | **Total SR Citadas** |
| --- | --- | --- | --- | --- | --- |
| The Baby-Friendly Hospital Initiative for Neonatal Wards NEO-BFHI | 2013 | Three guiding principles and ten steps to protect, promote and support breastfeeding | R | 224 | 1 |
| International Confederation of Midwives | 2011 | Breastfeeding | D | 10 | 0 |
| International Council of Nurses | 2013 | Position statement Breastfeeding | D | 9 | 0 |
| International Lactation Consultant Association | 2005 | Clinical guideline for the establishment of exclusive breastfeeding | R | 258 | 2 |
| International Lactation Consultant Association | 2000 | Position paper on infant feeding | D | 283 | 0 |
| International Lactation Consultant Association | 1999 | Evidence-based guidelines for breastfeeding management during the first fourteen days | R | 109 | 0 |
| International Pediatric Association | 2009 | Support for breast feeding from the International Pediatric Association | D | 0 | 0 |
| Pan American Health Organization | 2013 | Beyond survival: integrated delivery care practices for long-term maternal and infant nutrition 2. ed. | R | 147 | 1 |
| Pan American Health Organization | 2002 | Cuantificación de los beneficios de la lactancia materna: reseña de la evidencia | R | 186 | 2 |
| Unicef; WHO; Unesco; UNFPA; UNDP; UNAIDS; WFP; WB | 2010 | Facts for life | R | 0 | 0 |
| United Nations Children’s Fund | 2009 | Baby-Friendly Hospital Initiative Section 3: Breastfeeding promotion and support in a Baby-friendly hospital: a 20-hour course for maternity staff | MCL | 38 | 1 |
| Wellstart International | 2013 | Lactation management self-study modules Level I 4thed | MCL | 79 | 2 |
| World Alliance for Breastfeeding Action - WABA | 2008 | Protecting, promoting and supporting continued breastfeeding from 6-24 + month: issues, politics, policies and action | D | 16 | 0 |
| World Health Organization | 2013 | Essential nutrition actions: improving maternal, newborn, infant and young child health and nutrition | R | 381 | 3 |
| World Health Organization | 2013 | WHO Recommendations on postnatal care of the mother and newborn | R | 120 | 0 |
| World Health Organization | 2013 | Guidelines on maternal, newborn, child and adolescent health. Recommendations on child health | R | 49 | 0 |
| World Health Organization | 2013 | Guidelines on maternal, newborn, child and adolescent health. Recommendations on newborn health | R | 4 | 0 |
| World Health Organization | 2011 | Statement exclusive breastfeeding for six months best for babies everywhere | D | 1 | 1 |
| World Health Organization | 2011 | Guidelines on optimal feeding on low birth-weight infants in low-and-middle-income countries | R | 114 | 0 |
| World Health Organization | 2009 | Infant and young child feeding: Model chapter for textbooks for medical students and allied health professionals | MCL | 192 | 11 |
| World Health Organization | 2007 | Planning guide for national implementation of the global strategy for infant and young feeding | R | 37 | 1 |
| World Health Organization | 2006 | Pregnancy, childbirth, postpartum and newborn care: a guide for essential practice 2. Ed. | R | 0 | 0 |
| World Health Organization | 2006 | Optimal feeding of low-birth-weight infants | RT | 372 | 6 |
| World Health Organization | 2003 | Global strategy for infant and young child feeding | R | 0 | 0 |
| World Health Organization | 2002 | Infant and young child nutrition | P | 0 | 0 |
| World Health Organization | 2001 | Global strategy for infant and young child feeding: The optimal duration of exclusive breastfeeding | R | 0 | 0 |
| World Health Organization | 1998 | Evidence for the ten step to successful breastfeeding | R | 228 | 0 |
| World Health Organization | 1997 | Breastfeeding: how to support success | R | 22 | 0 |
| World Health Organization | 1990 | Infant feeding: the physiological basis. Chapter 2: Lactation | R | 149 | 0 |
| World Health Organization | *s.d*. | Essential newborn care course | MCL | 14 | 1 |
| World Health Organization; Food and Agriculture Organization of the United Nations (WHO-FAO) | 2003 | Dieta, nutrición y prevención de enfermedades crónicas: consulta mixta de expertos OMS/FAO (Cap. 4, 5) | RT | 528 | 0 |
| World Health Organization; United Nations Children’s Fund | 2013 | Ten step to successful breastfeeding | R | 0 | 0 |
| World Health Organization; United Nations Children’s Fund | 2009 | Baby-Friendly Hospital Initiative Section 2: Strengthening and sustaining the Bay-friendly hospital initiative: a course for decision-makers | MCL | 311 | 6 |
| World Health Organization; United Nations Children’s Fund | 2006 | Infant and young child feeding counseling: an integrated course 4 v + slides | MCL | 40 | 1 |
| World Health Organization; United Nations Children’s Fund | 1993 | Breastfeeding counseling: a training course | MCL | 24 | 0 |
| World Health Organization; United Nations Children’s Fund | 1989 | Protecting, promoting and supporting breast-feeding | D | 0 | 0 |

D = Declaração; MCL = Material para cursos e livros; P = Política pública; R= Recomendação; RT = Relatório téc

**APÊNDICE C - Referências das Revisões Sistemáticas incluídas**

1. AKOBENG, A. K. et al. Effect of breast feeding on risk of coeliac disease: a systematic review and meta-analysis of observational studies. **Archives of Disease in Childhood**, v. 91, n. 1, p. 39-43, 2006.
2. ANDERSON, J. W.; JOHNSTONE, B. M.; REMLEY, D. T. Breast-feeding and cognitive development: a meta-analysis. **American Journal of Clinical Nutrition**, v. 70, n. 4, p. 525-535, 1999.
3. ARENZ, S. et al. Breast-feeding and childhood obesity - a systematic review. **International Journal of Obesity**, v. 28, n. 10, p. 1247-1256, 2004.
4. BACHRACH, V. R.; SCHWARZ, E.; BACHRACH, L. R. Breastfeeding and the risk of hospitalization for respiratory disease in infancy: a meta-analysis. **Archives of Pediatrics and Adolescent Medicine**, v. 157, n. 3, p. 237-243, 2003.
5. BARCLAY, A. R. et al. Systematic review: the role of breastfeeding in the development of pediatric inflammatory bowel disease.**The Journal of Pediatrics**, v. 155, n. 3, p. 421-426, 2009.
6. DER, G.; BATTY, G. D.; DEARY, I. J. Effect of breast feeding on intelligence in children: prospective study, sibling pairs analysis, and meta-analysis. **British Medical Journal**, v. 333, n. 7575, p. 945-948, 2006.
7. GDALEVICH, M.; MIMOUNI, D.; MIMOUNI, M. Breast-feeding and the risk of bronchial asthma in childhood: a systematic review with meta-analysis of prospective studies. The Journal of Pediatrics, v. 139, n. 2, p. 261-266, 2001a.
8. GDALEVICH, M. et al. Breast-feeding and the onset of atopic dermatitis in childhood: a systematic review and meta-analysis of prospective studies. **Journal of the American Academy of Dermatology**, v. 45, n. 4, p. 520-527, 2001b.
9. HARDER, T. et al. Duration of breastfeeding and risk of overweight: a meta-analysis. **American Journal of Epidemiology**, v. 162, n. 5, p. 397-403, 2005.
10. HAUCK, F. R. et al. Breastfeeding and reduced risk of sudden infant death syndrome: a meta-analysis. **Pediatrics**, v. 128, n. 1, p. 103-110, 2011.
11. HENDERSON, G.; ANTHONY, M. Y.; MCGUIRE, W. Formula milk versus term human milk for feeding preterm or low birth weight infants. **The Cochrane Database of Systematic Reviews**, n. 4, p. Cd002971, 2001b.
12. HORTA, B. L. E. A. **Evidence on the long-term effects of breastfeeding:** systematic reviews and meta-analyses. Geneva: WHO, 2007
13. KLEMENT, E. et al. Breastfeeding and risk of inflammatory bowel disease: a systematic review with meta-analysis. **The American Journal of Clinical Nutrition**, v. 80, n. 5, p. 1342-1352, 2004.
14. KRAMER, M.; KAKUMA, R. Optimal duration of exclusive breastfeeding. **TheCochrane Database of Systematic Reviews**, n. 1, p. CD003517, 2009.
15. KRAMER, M.; KAKUMA, R. **The Optimal duration of exclusive breastfeeding**: a systematic review.Geneve: WHO, 2002a
16. KRAMER, M.; KAKUMA, R. Optimal duration of exclusive breastfeeding. **TheCochrane Database of Systematic Reviews**, n. 1, p. Cd003517, 2002b.
17. KRAMER, M.; KAKUMA, R. The optimal duration of exclusive breastfeeding: a systematic review. **Advances in Experimental Medicine and Biology**, v. 554, n., p. 63-77, 2004.
18. KWAN, M. L. et al. Breastfeeding and the risk of childhood leukemia: a meta-analysis. **Public Health Reports**, v. 119, n. 6, p. 521-535, 2004.
19. MARTIN, R. M. et al. Breast-feeding and childhood cancer: a systematic review with metaanalysis. **International Journal of Cancer**, v. 117, n. 6, p. 1020-1031, 2005a.
20. MARTIN, R. M. et al. Breastfeeding and cardiovascular mortality: the Boyd Orr cohort and a systematic review with meta-analysis. **European Heart Journal**, v. 25, n. 9, p. 778-786, 2004.
21. MCGUIRE, W.; ANTHONY, M. Y. Donor human milk versus formula for preventing necrotising enterocolitis in preterm infants: systematic review. **Archives of Disease in Childhood. Fetal and Neonatal Edition**, v. 88, n. 1, p. F11-14, 2003.
22. NORRIS, J. M.; SCOTT, F. W. A meta-analysis of infant diet and insulin-dependent diabetes mellitus: do biases play a role? **Epidemiology**, v. 7, n. 1, p. 87-92, 1996.
23. OWEN, C. G. et al. The effect of breastfeeding on mean body mass index throughout life: a quantitative review of published and unpublished observational evidence. **American Journal of Clinical Nutrition**, v. 82, n. 6, p. 1298-1307, 2005a.
24. OWEN, C. G. et al. Does breastfeeding influence risk of type 2 diabetes in later life?:a quantitative analysis of published evidence. **American Journal of Clinical Nutrition**, v. 84, n. 5, p. 1043-1054, 2006.
25. OWEN, C. G. et al. Effect of breast feeding in infancy on blood pressure in later life: systematic review and meta-analysis. **British Medical Journal**, v. 327, n. 7425, p. 1189-1195, 2003.
26. OWEN, C. G. et al. Infant feeding and blood cholesterol: a study in adolescents and a systematic review. **Pediatrics**, v. 110, n. 3, p. 597-608, 2002.
27. QUIGLEY, M. A. et al. Formula milk versus donor breast milk for feeding preterm or low birth weight infants. **The Cochrane Database of Systematic Reviews**, n. 4, p. Cd002971, 2007.
28. SHAH, P. S.; ALIWALAS, L.; SHAH, V. Breastfeeding or breastmilk to alleviate procedural pain in neonates: a systematic review. **Breastfeed Medicine**, v. 2, n. 2, p. 74-82, 2007.
29. SHAH, P. S.; ALIWALAS, L. I.; SHAH, V. Breastfeeding or breast milk for procedural pain in neonates. **The Cochrane Database of Systematic Reviews**, n. 3, p. Cd004950, 2006.
30. VALAITIS, R. et al. A systematic review of the relationship between breastfeeding and early childhood caries. **Canadian Journal of Public Health**, v. 91, n. 6, p. 411-417, 2000.